

MET'S Institute of Pharmacy

ACTIVITY REPORT

Name of Activity-Session on "Training for Safety"

Day and Date: Wednesday, 16/04/ 2025. Courtesy- MET's IOP

Participants	Staff	Students	Class and Course
	02	72	Second Year B. Pharmacy, First Year D-Pharmacy, First Year Pharm D

Details of the Program: The Girl's Student Council, MET's Institute of Pharmacy had organized a session on Training for Safety on Wednesday, April 16, 2025. The session was conducted by Mr. Anil Bhosale, Head Coach Trainer, Nashik District Police Academy. In this session Mr. Bhosale explained and demonstrated students about the basic self-defense techniques appropriate for their age and physical capability.

Program Objective Achievement

PO1	Pharmacy Knowledge		PO7	Pharmaceutical Ethics	
PO2	Planning Abilities		PO8	Communication	✓
PO3	Problem Analysis		PO9	The Pharmacist and society	
PO4	Modern Tool Usage	✓	PO10	Sustainability	✓
PO5	Leadership Skills	✓	PO 11	Lifelong Learning	✓
PO6	Professional Identity				

Objective of the Activity	- To build awareness about potential personal safety threats in various environments (home, school, public places, online, etc.). - To educate participants on the importance of situational awareness and recognizing unsafe or suspicious behavior.
Beneficiary of the activity	Student
Social Media links	

Photos of the event (Viva and Report Submission):



Mrs. Suchita Shirsath
Ms. Poonam Wajpeyi
Coordinator

Dr. S. J. Kshirsagar
Principal



PRINCIPAL
MET's Institute of Pharmacy
Adgaon, Nashik-3.

Date: 15/04/2025**To,**

Mr. Anil Bhosle

Head Coach/ Trainer,

Nashik District Police

Subject: Invitation as a guest speaker at MET's Institute of Pharmacy, BKC, Nashik.**Dear Sir,**

Greetings of the day.

On behalf of MET's IOP, I would like to cordially invite you to be guest speaker for session on **"Training for Safety"**.

It would be grateful if you accept this invitation and conduct this session to introduce our students to the skills, which would come handy in case of life threatening or emergency for their safety and self-defense. It will be highly helpful and learning experience for the students.

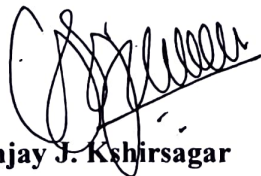
Details of Program:

Day and Date: 16 April, 2025, Wednesday.**Time:** 12:00 pm- 01:00 pm**Venue:** 401, 4th floor Classroom, Institute of Pharmacy

We would be honored if you provide your valuable time and share your experience.

Looking forward to hearing back from you.

Thanking you in anticipation.

Regards,**Dr. Sanjay J. Kshirsagar**

Date: 16/04/2025

To,

Mr. Anil Bhosle

Head Coach/ Trainer,

Nashik District Police

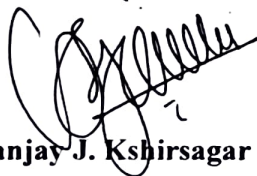
Dear Sir,

On behalf of MET's Institute of Pharmacy, BKC, Nashik, I would like to thank you for conducting this session on the "**Training for Safety**" for our girl students. Your session was very helpful to our students. We believe that the session you conducted at our institute will help our students to keep their calm in emergency situations and take correct measures to face the same.

We know your time is precious and we are grateful that you shared it with us. We look forward to your participation in future events at our institute.

Again, Thank You. I hope to see you again soon.

Yours truly,



Dr. Sanjay J. Kshirsagar



**Bhujbal Knowledge City
MET's Institute of Pharmacy
Adgaon, Nashik 422003**

Topic: Training For Safety

Time: 12:00 pm – 01:00 pm

[illegible]

**Bhujbal Knowledge City
MET's Institute of Pharmacy
Adgaon, Nashik 422003**

Name of Speaker Mr. Anil Bhosle
Topic: Training For Safety

Date: 16/04/2025
Time: 12:00 pm – 01:00 pm

Sr No.	Name of Student	Course name/Dept	Sign
1	Gunnar Rameshwari Ratan	Sy B Pharm (A)	<u>Gunnar</u>
2	Wastade Prajakta Pundlik	Sy B Pharm (A)	<u>Wastade</u>
3	Hagote Pooja Novneth	Sy B Pharm (A)	<u>Hagote</u>
4	Komal Khaimor	Sy B Pharm (A)	<u>Komal</u>
5	Sayali Jadhav	Sy B Pharm (A)	<u>Sayali</u>
6	Nabha Syed	Pharm D	<u>Nabha</u>
7	Shannon Meshak	— 11 —	<u>Shannon</u>
8	Sanskriti Dhorde	— 11 —	<u>Sanskriti</u>
9	Tanhari Sanap	— 1 —	<u>Tanhari</u>
10	Vijeta Bhurbhure	— 1 —	<u>Vijeta</u>
11	Alegra Pathan	— 1 —	<u>Alegra</u>
12	Samrudhi Naik	— 1 —	<u>Samrudhi</u>
13	Shravani Mandlik	— 1 —	<u>Shravani</u>
14	Inghe Shaikh	— 1 —	<u>Inghe</u>
15	Shreya Wagh	— 1 —	<u>Shreya</u>
16	Shriya Vyavhare	— 1 —	<u>Shriya</u>
17	Harshita Jain	— 1 —	<u>Harshita</u>
18	Tina Bagul	— 1 —	<u>Tina</u>
19	~~Anjali~~ Sakshi Satbhavi	Sy B Pharm (A)	<u>Sakshi</u>
20	Anjali Melawade	Pharm D	<u>Anjali</u>
21	Aditi Sonawane	Sy B Pharm (A)	<u>Aditi</u>
25	Shekumari R. Mergali	Sy B Pharm (B)	<u>Shekumari</u>

**Bhujbal Knowledge City
MET's Institute of Pharmacy
Adgaon, Nashik 422003**

Name of Speaker Mr. Anil Bhosle
Topic: Training For Safety

Date: 16/04/2025

Time: 12:00 pm – 01:00 pm

Sr No.	Name of Student	Course name/Dept	Sign
1.	Shraddha Gulve	S.Y.B. Pharm (B)	<u>Gulve</u>
2.	Vaishnavi Patil	S.Y.B. Pharm (B)	<u>Patil</u>
3.	Shrushti Bhore	S.Y.B. Pharm (B)	<u>Bhore</u>
4.	Tarvi Khairnar	S.Y.B. Pharm (B)	<u>Khairnar</u>
5.	Dakhale Sakshi	S.Y.B. Pharm (B)	<u>Sakshi</u>
6.	Vaidehi Dive	(B)	<u>Dive</u>
7.	Kalyani Kuttakar	S.Y.B. Pharm (B)	<u>Kuttakar</u>
8.	Ritu Wagh	S.Y.B. Pharm (B)	<u>Wagh</u>
9.	Pournima Khairnar	S.Y.B. Pharm (B)	<u>Khairnar</u>
10.	Gunnar Sakshi	S.Y.B. Pharm (B)	<u>Gunnar</u>
11.	Niphada pranjali	— 11 —	<u>Niphada</u>
12.	poorna Dhande	— 11 — (B)	<u>Dhande</u>
13.	pratiksha dawanze	— 11 — (B)	<u>Dawanze</u>
14.	patil Lulkesha	— 11 — (B)	<u>Patil</u>
15.	Krupa Pawar	— 11 —	<u>Pawar</u>
16.	Shagwan Weljale	— 11 —	<u>Weljale</u>
17.	Sanjivana Shirske	— 11 —	<u>Shirske</u>
18.	Simran Raut	— 11 —	<u>Raut</u>
19.	Tarpti Raut	— 11 —	<u>T.R. Raut</u>
20.	Sakshi Luhare	— 11 —	<u>Luhare</u>
21.	Akshu Sheikh	— 11 —	<u>Sheikh</u>
22.	Arshi Kharote	— 11 —	<u>Kharote</u>
23.	Ashwini Bhaybhary	— 11 —	<u>Bhaybhary</u>

**BHUJBAL KNOWLEDGE CITY,
MET'S INSTITUTE OF PHARMACY,
ADGAON, NASHIK-03**

Feedback Summary

Sr. No.	Particulars	Total No. of Rating		
		Excellent	Good	Average
1	Quality of Content	43	-	-
2	Delivery of speaker	42	01	-
3	Overall	43	-	-

1. **Name of activity:** Guest lecture on "Training for Safety" by Head Coach/Trainer, Nashik District Police.
2. **Date:** 16th April 2025 (1 Day)
3. **Name of Guest Speaker:** Mr. Anil Bhosle
4. **Overall rating Given:** Excellent
5. **Suggestions given:** Very nice session, arrange more sessions like this for professional guidance as well as for all the girl students.
6. **Course of action on suggestions:** More sessions will be planned in upcoming days.



Name and Sign of Coordinator

(Ms. Poonam S. Wajpeyi)